

ASCSC County Championships 2016



Invited Teams
CSC, SSC, TVSC, HHH, HYB, WI, LIE, HAA

ASCSC County Championships 2016

SANCTION:	Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #
LOCATION:	Nassau County Aquatic Center Eisenhower Park, East Meadow, NY 11554
FACILITY:	10 Lane by 25 yard competition pool w/ 2 meter min depth Colorado Timing System, scoreboard readouts, Hy-Tek meet manager
SESSIONS:	The pool Has not been certified in accordance with Article 104.2.2C (4) Day 1 Prelims – Saturday April 9th 8am warm up Day 1 Finals – Saturday April 9th 4pm warm up Day 2 Prelims – Sunday April 10th 8 am warm up Day 2 Finals – Sunday April 10th 4pm warm up Trials/Finals Top 20 Swimmers
FORMAT:	
ENTRIES	Due April 4th to Eric Fisher – efisher@me.com
ENTRY FEE	INDIVIDUAL EVENTS \$4 RELAYS \$8
ELIGIBILITY:	Closed meet ASCSC Members only All swimmers participating in this meet must be registered by the first day of the meet. Age on April 9 th 2016 will determine age for the entire meet.
DISABILITY SWIMMERS:	Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
AUDIO/VISUAL STATEMENT:	Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.
COACHES:	In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
AWARDS:	3 TOP TEAMS 10&U AND 11-12 MEDALS 1-10 HIGH POINT FOR EACH AGE GROUP AND GENDER
OFFICIALS:	Meet Referee: Nelson Gonzalez nelsonshorses1@aol.com
MEET DIRECTOR:	Eric Fisher 631-807-3525 efisher@me.com
RULES:	The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

DECK CHANGING:

Deck Changes are prohibited

SAFETY:

Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

DISCLAIMER:

Upon acceptance of his/her entries, the participant waives all claims against ASCSC, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.

It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

ADMISSION:

GATE \$5 PROGRAM \$3 PER SESSION

Warm UP Assignments/timing assignments:

Lane 1 LIE

Lane 2 LIE

Lane 3 TVSC

Lane 4 TVSC

Lane 5 TS

Lane 6 TS / CSC

Lane 7 SSC

Lane 8 HAA

Lane 9 WISC

Lane 10 H Y B

Teams will time in their assigned warm up lanes

**Teams will provide 2 timers in the lane listed above
for prelims and finals each day**

HAA, HYB, SSC, WISC - 1 Meet Marshall each session

CSC will work Gate

Saturday April 9th

Prelims: 8am Warm up 9am Start

Finals: 4pm Warm up 5pm Start

All relays swim in Finals Session

10 and under 100 IM

11-12 100 IM

15-18 100 Fly

13-14 100 Fly

11-12 100 Fly

10 and Under 50 Fly

15-18 100 Back

13-14 100 Back

11-12 100 Back

10 and Under 50 Back

15-18 200 Medley Relay

13-14 200 Medley Relay

11-12 200 Medley Relay

10 and Under 200 Medley Relay

Sunday April 10th

Prelims: 8am Warm up 9am Start

Finals: 4pm Warm up 5pm Start

All relays swim in Finals Session

Senior Graduation ceremony Promptly at 5pm

13-14 200 IM

15-18 200 IM

10 and under 50 breast

11-12 100 Breast

13-14 100 Breast

15-18 100 Breast

10 and Under 50 Free

11-12 100 Free

13-14 100 Free

15-18 100 Free

10 and Under 200 Free Relay

11-12 200 Free Relay

13-14 200 Free Relay

15-18 200 Free Relay

ASCSC County Championships Qualifying Times

GIRLS	EVENT	BOYS
36.99	10 & Under 50 Free	36.99
44.99	10 & Under 50 Back	44.99
51.99	10 & Under 50 Breast	53.99
48.99	10 & Under 50 Fly	48.99
1:37.99	10 & Under 100 IM	1:37.99
1:07.99	11&12 100 Free	1:10.99
1:19.09	11&12 100 Back	1:18.99
1:31.99	11&12 100 Breast	1:35.99
1:27.99	11&12 100 Fly	1:28.99
1:17.69	11&12 100 IM	1:16.19
1:01.99	13 & 14 100 Free	58.99
1:09.99	13 & 14 100 Back	1:13.59
1:23.99	13 & 14 100 Breast	1:24.99
1:15.99	13 & 14 100 Fly	1:16.59
2:32.99	13 & 14 200 IM	2:34.59
58.99	15 – 18 100 Free	53.99
1:07.99	15 – 18 100 Back	1:03.99
1:19.99	15 – 18 100 Breast	1:13.99
1:07.99	15 – 18 100 Fly	1:01.99
2:20.99	15 – 18 200 IM	2:13.99